

TAREE OLD BAR – BRONZE/SRC SQUAD

<u>DATES</u>	<u>TASKS</u>
TUESDAY NOVEMBER 8 6pm-8pm	<ul style="list-style-type: none"> • Orientation to the course • Overview of what to expect • Setting of swim dates • Setting of course dates • CHAPTER 1- SAFETY & WELLBEING
SATURDAY NOV 12	PRACTICAL SESSION- <ul style="list-style-type: none"> • Beach familiarisation • Run-Swim Run • Tube & Board familiarisation • Watching a patrol set up
TUESDAY NOVEMBER 15	<ul style="list-style-type: none"> • CHAPTER 2 – Surf Awareness and Surf Skills • CHAPTER 9 – Rescue Techniques • CHAPTER 11- BEACH Management
SATURDAY NOV 19	PRACTICAL SESSION- <ul style="list-style-type: none"> • Run-Swim Run • Tube & Board familiarisation/Rescues • Patrol set up • Carries • Radio practice with patrol set up • Signal practices
TUESDAY NOV 22	<ul style="list-style-type: none"> • CHAPTER 10 - Carries • CHAPTER 7 - Communication • CHAPTER 8 – Radio
SAT OR SUN NOV 26/27	<ul style="list-style-type: none"> • Run-Swim Run • Tube & Board familiarisation/Rescues • Patrol set up

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	<ul style="list-style-type: none"> • Carries • Radio practice with patrol set up • Signal practices
TUESDAY NOV 29	<ul style="list-style-type: none"> • CHAPTER 3 – Human Body • CHAPTER 4 – CPR • CHAPTER 5 – Basic Oxygen and Defibrillation
SAT DECEMBER 3	<ul style="list-style-type: none"> • Run-Swim Run • Tube & Board familiarisation/Rescues • Patrol set up • Carries • Radio practice with patrol set up • Signal practices
TUESDAY DEC 6	<ul style="list-style-type: none"> • CHAPTER 6 – First Aid • Full theory review and CPR Practice (as needed)
SAT DEC 9	<ul style="list-style-type: none"> • SCENARIOS & FINAL SIGN OFF