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**Taree Old Bar Surf Life Saving Club (Official)**



**Taree Old Bar Surf Club Nippers**



**tareeoldbar\_surfclub**



## What is Nippers ?

Nippers is the Junior activities of Surf life Saving. At Taree Old Bar we aim;

- To teach and develop basic surf safety skills.
- To provide competition for children at various levels, i.e. Club, Branch, State.
- To have fun and encourage junior members and their families to become active members of the club.

***PLEASE NOTE:*** *It is not an aim of the Club to teach children to swim. All children from U/8's onwards must complete the preliminary evaluation before participating in any water activities. Swimming lessons are recommended for those who do not meet this proficiency.*

## What do I need to know about Nippers ?

### 1. How to Register:

- Registration for nippers is \$60. This is a one-off fee and no weekly fees are payable. The membership category is Junior Activities.
- Nippers must also have a club cap (\$20) and Fluro Rash Shirt (\$20) on whilst participation. These can be packaged as part of the active School Voucher.
- One parent/ guardian or carer must also register with each family. This is General Membership and is \$40. If you are already an associate or active member, you do not need to re-join. A general membership allows insurance coverage and goes towards supporting the club. If you wish to gain awards or access the club house, discuss with the executive your membership options, as a General membership does not provide this.

## 2. What happens weekly at Nippers ?

- Nippers begins at 9:30am every Sunday. Activities begin with a weekly briefing to all parents and nippers. Nippers are asked to assemble in their age groups on the club house lawn by 9:15 am.
- Nippers will, dependent on the conditions, participate in a range of activities such as Flags, Sprints, Board Paddle, Wades and Ocean Swims. They will also gain education regarding surf hazards and dangers, surf awareness and First Aid activities as part of the requirements of SLSA. All of this is provided by Volunteers Age Managers.
- **One parent/guardian must remain on the beach with their child at all times. Children CANNOT be left supervised and in the care of age managers. If a child is left unsupervised, your membership could be cancelled.**
- Nippers must remove their caps at the completion of activities. This is to signify that the nipper is no longer under the care of the age coach/manager.
- At the completion of nippers, a BBQ will be held. All proceeds from the BBQ go to Taree Old Bar Surf Club.

## 3. SLS NSW Requirement:

### Age Managers and Parent Helpers.

We are required to provide 2 age managers for every 20 children in Nippers. To be an age manager, you need to complete an online course and practical assessment. We are actively encouraging each age group to have at least one qualified age manager. Please let us know if you are willing to gain this qualification.

### Qualified Water Safety

Before each activity day, a water safety risk assessment is conducted. For all water activities, age group managers will ensure that a minimum ratio of 1 qualified lifesaver to 5 children is in the water during activities. This is in addition to regular patrols. At times, due to member shortages, some water activities will not run if there is not enough volunteers. If you wish to help in this area, please let us know so we can begin your Bronze or SRC training.

## 4. Competition

This year, we will be conducting pointscores and providing awards for first place getters in all Age Groups in SLS Events. Pointscore days are indicated in the calendar.

We also encourage all TOBSLSC members to attend competitions and carnivals at other beaches and for surf sports events. When carnivals arise, though, we need lots of help.

Each carnival entry requires a specific amount of water safety and officials to also take part. We are also required to provide our own equipment. Please keep this in mind and consider completing an official's course.

## 5. Inclement Weather

If the committee decides to cancel nippers. This will be communicated to all members via our facebook, through email and sms. We ask all members to ensure they provide correct contact details when registering.

# Age Groups

## JUNIOR MEMBERSHIP

Listed below are the age groups members will be in for the 2019/20 season. These age groups are determined as at midnight on 30 September 2019.

Birthdate between these dates	Age group
1st October 2013 to 30th September 2014	U/6 / (Surf Play One)
1st October 2012 to 30th September 2013	U/7 / (Surf Play Two)
1st October 2011 to 30th September 2012	U/8 / (Surf Aware One)
1st October 2010 to 30th September 2011	U/9 / (Surf Aware Two)
1st October 2009 to 30th September 2010	U/10 / (Surf Safe One)
1st October 2008 to 30th September 2009	U/11 / (Surf Safe Two)
1st October 2007 to 30th September 2008	U/12 / (Surf Smart One)
1st October 2006 to 30th September 2007	U/13 / (Surf Smart Two)
1st October 2005 to 30th September 2006	U/14 / (SRC)

## U/6 AND U/7 MEMBERS

U/6 and U/7 members may participate in activities on an educational basis only, meaning children in these age groups may not compete in any point score/ championship events.

A child may join a SLSC as soon as he/she turns five years of age. No SLSC is to accept membership of a child until they have reached the age of five years to comply with insurance requirements. A child who reaches five years of age after 30th September 2019 may join Nippers at that time; however, this child will be required to stay in the U/6 Nippers age group again the following season. It is the SLSCs responsibility to explain this to the parents of the child.

## PRE-REQUISITE AND COMPETITION SWIMS

Prior to beginning in nippers- it is a requirement of SLSA, SLSNSW and our club that all members complete a preliminary skills evaluation.

Members who are wishing to compete in a carnival (even in beach events) also have to complete a competition skills evaluation.

The following is the most current information;

### PRELIMINARY SKILLS EVALUATION:

**For under 8's and over** this will be conducted at the Manning Aquatic Centre prior to nipper beginning and signed off by Age Managers. (SEE CALENDAR)

If you have not completed a swim- we cannot let you participate in the water activities, until it is completed.

**For 6 & 7's** – this will be conducted at Old Bar Pool on the first day of Nippers.

### COMPETITION EVALUATION:

These can be completed during the season and is only for 8+years wishing to compete at carnivals.

Each age groups have specific requirements.

Age managers will ensure children get the opportunity to complete their competition swims over successive weeks.

# Junior Preliminary Skills Assessment

	Preliminary Evaluation	Competition Evaluation	Surf Education Awards
<b>Under 6 Surf Play 1</b>	From a standing position in waist deep water perform a front glide and recover to a secure position. Perform a back or front float holding a buoyant aid and recover to a secure position.		Surf Play 1
<b>Under 7 Surf Play 2</b>	From a standing position in waist deep water perform a front glide, kick for 3m and recover to a secure position. Perform a back or front float for a few seconds and recover to a secure position.		Surf Play 2
<b>Under 8 Surf Aware 1</b>	25 metre swim (any stroke) 1 minute survival float	Nil (no water competition, except for wade which takes place in waist deep water)	Surf Aware 1
<b>Under 9 Surf Aware 2</b>	25 metre swim (any stroke) 1 minute survival float	Minimum 150m open water swim (competition course as per competition manual)	Surf Aware 2
<b>Under 10 Surf Safe 1</b>	25 metre swim (freestyle) 1 1/2 minutes survival float	Minimum 150m open water swim (competition course as per competition manual)	Surf Safe 1
<b>Under 11 Surf Safe 2</b>	50 metre swim (freestyle) 2 minutes survival float	Minimum 288m open water swim (competition course as per competition manual)	Surf Safe 2
<b>Under 12 Surf Smart 1</b>	100 metre swim (freestyle) 2 minutes survival float	Minimum 288m open water swim (competition course as per competition manual)	Surf Smart 1
<b>Under 13 Surf Smart 2</b>	150 metre swim (freestyle) 3 minutes survival float	Minimum 288m open water swim (competition course as per competition manual)	Surf Smart 2
<b>Under 14 SRC</b>	200 metre swim (freestyle, in less than 5 minutes) 3 minutes survival float	Minimum 288m open water swim (competition course as per competition manual)	Surf Rescue Certificate



# TOBSLSC NIPPERS CALENDAR 2019-2020

	Date	Activity	Where	Time
	<b>SEPT 15</b>	<b>NIPPERS REGISTRATION DAY</b>	<b>SURF CLUB</b>	
	<b>SEPT 21</b>	<b>Swim One (For those 8+)</b>	<b>Taree YMCA</b>	<b>10AM-12PM</b>
	<b>SEPT 29</b>	<b>Swim Two (For those 8+)</b>	<b>Taree YMCA</b>	<b>10AM-12PM</b>
1.	OCT 20	<b>OFFICIAL START at OLD BAR BEACH</b>	Old Bar Beach	9:30-11:30
2	OCT 27	Regular Nippers Activities	Old Bar Beach	9:30-11:30
3	NOV 3	Regular Nippers Activities	Old Bar Beach	9:30-11:30
4	NOV 10	POINTSCORE	Old Bar Beach	9:30-11:30
5	NOV 17	Regular Nippers Activities	Old Bar Beach	9:30-11:30
6	NOV 24	Regular Nippers Activities	Old Bar Beach	9:30-11:30
7	DEC 1	POINTSCORE	Old Bar Beach	9:30-11:30
8	DEC 8	Regular Nippers Activities	Old Bar Beach	9:30-11:30
9	DEC 15	CHRISTMAS PARTY	Old Bar Beach	9:30-11:30
		<b>Summer Holiday Break</b>		
10	<b>FEB 2</b>	Regular Nippers Activities	Old Bar Beach	9:30-11:30
11	FEB 9	BRANCH CHAMPIONSHIPS	Old Bar Beach	9:30-11:30
12	FEB 16	Regular Nippers Activities	Old Bar Beach	9:30-11:30
13	FEB 23	POINTSCORE	Old Bar Beach	9:30-11:30
14	MARCH 1	Regular Nippers Activities	Old Bar Beach	9:30-11:30
15	MARCH 8	Regular Nippers Activities	Old Bar Beach	9:30- 11:30
16	MARCH 15	POINTSCORE	Old Bar Beach	9:30- 11:30
17	MARCH 22	Regular Nippers Activities	Old Bar Beach	9:30 -11:30
18	MARCH 29	<b>PRESENTATION</b>		

# Who do I contact about all things Nippers ?

Junior Activities Coordinator-	Kristy Franc	<a href="mailto:nippers@tareeoldbarsurfclub.com.au">nippers@tareeoldbarsurfclub.com.au</a>
Director of Member Services –	Sarah Little	<a href="mailto:members@tareeoldbarsurfclub.com.au">members@tareeoldbarsurfclub.com.au</a>
President- TOBSLSC	Jane Lynch	<a href="mailto:president@tareeoldbarsurfclub.com.au">president@tareeoldbarsurfclub.com.au</a>

